

Plaats	Nr.	Naam	M/V	Plaats	Jaar	Brutotijd	Nettotijd	R1	R2	R3	R4	R5	gem. tijd	km/uur	min/km
Man															
3 km															
1.	26	Mike Berends	m	Assen	2006	12:04	12:00	12:00					12:04	14.9	4:01
2.	67	Joel Koning	m	Assen	2007	15:16	15:10	15:10					15:16	11.7	5:05
3.	54	Ruben Wortelboer	m			16:16	16:07	16:07					16:16	11.0	5:25
4.	213	Jesse	m	Assen		16:16	16:07	16:07					16:16	11.0	5:25
5.	50	Jonathan Engberts	m	Assen	1977	16:54	16:43	16:43					16:54	10.6	5:37
6.	14	Christiaan Braam	m	Assen	2006	18:29	18:25	18:25					18:29	9.7	6:09
Vrouw															
3 km															
1.	22	Michelle Timmer	v	Assen	2007	13:18	13:14	13:14					13:18	13.5	4:25
2.	212	Jinte	v	Assen	2008	14:16	14:11	14:11					14:16	12.6	4:45
3.	35	Debbie Campschreur	v	Smilde	1973	21:49	21:42	21:42					21:49	8.2	7:16
4.	378	Larissa Doppler	v	Drenthe College		23:40	23:31	23:31					23:40	7.6	7:53

Plaats	Nr.	Naam	M/V	Plaats	Jaar	Brutotijd	Nettotijd	R1	R2	R3	R4	R5	gem. tijd	km/uur	min/km
Man															
6 km															
1.	396	Patrick Luiten	m	Drenthe College		26:35	26:30	12:56	13:35				13:18	13.5	4:25
2.	83	Bert Gierveld	m	Assen	1957	31:22	31:16	15:30	15:46				15:41	11.4	5:13
3.	91	Jenne Klasens	m	Assen	1954	31:37	31:29	15:48	15:41				15:49	11.3	5:16
4.	352	Rodericic Abbink	m	Drenthe College		31:39	31:32	15:14	16:19				15:50	11.3	5:16
5.	53	Arie Engberts	m	Assen	1951	32:59	32:49	16:20	16:29				16:30	10.9	5:29
6.	361	Michael Withag	m	Drenthe College		33:36	33:30	15:52	17:38				16:48	10.7	5:35
7.	356	Thomas Joosten	m	Drenthe College		34:12	34:05	16:40	17:26				17:06	10.5	5:41
8.	158	Bonno	m	Nieuw Amsterdam	2000	35:03	34:51	16:24	18:28				17:32	10.2	5:50
9.	381	Nicky Tsui	m	Drenthe College		35:15	35:07	16:28	18:39				17:38	10.2	5:52
10.	153	Martijn de Vries	m	Eelde	1992	36:38	36:25	18:33	17:53				18:19	9.8	6:06
11.	9	Aad Verheul	m	Assen	1948	37:35	37:28	18:55	18:33				18:48	9.5	6:15
12.	57	Frans Scheuneman	m	Hoogezand	1951	38:19	38:07	19:42	18:25				19:10	9.3	6:23
13.	380	Ricky Bergen van	m	Drenthe College		38:57	38:52	18:13	20:39				19:29	9.2	6:29
14.	390	Daan Nieman	m	Drenthe College		39:08	39:03	20:49	18:15				19:34	9.2	6:31
15.	351	Kezrin Jukovic	m	Drenthe College		40:34	40:27	20:44	19:43				20:17	8.8	6:45
16.	360	Jayno Smits	m	Drenthe College		40:34	40:28	19:18	21:11				20:17	8.8	6:45
17.	110	Hilco Kwint	m	Assen	1947	45:24	45:12	21:49	23:23				22:42	7.9	7:33
18.	353	Jarno Kruise	m	Drenthe College		45:48	45:39	21:54	23:46				22:54	7.8	7:37
19.	388	Joran Haak	m	Drenthe College		46:24	46:15	21:43	24:32				23:12	7.7	7:43
20.	359	Josias Melsen van	m	Drenthe College		46:23	46:17	21:46	24:31				23:12	7.7	7:43
21.	392	Struijk Patrick	m	Drenthe College		47:27	47:21	23:51	23:31				23:44	7.5	7:54
22.	391	Michiel Medema	m	Drenthe College		47:54	47:47	20:46	27:01				23:57	7.5	7:58
23.	354	Wesley Heidinga	m	Drenthe College		47:53	47:48	19:49	28:00				23:57	7.5	7:58
24.	111	Jelle Kooistra	m	Assen	1941	48:58	48:48	22:41	26:07				24:29	7.3	8:09
25.	362	Rommert Hendriksma	m	Drenthe College		50:47	50:40	23:34	27:06				25:24	7.0	8:27
26.	371	Brenel Kuiters	m	Drenthe College		51:10	51:04	23:33	27:31				25:35	7.0	8:31
27.	368	Louis Eck	m	Drenthe College		51:12	51:05	23:30	27:35				25:36	7.0	8:31
28.	367	Mohanad Al-Hayani	m	Drenthe College		51:15	51:08	23:50	27:19				25:38	7.0	8:32
29.	389	Ibrahim Aaliyah	m	Drenthe College		57:48	57:38	28:07	29:31				28:54	6.2	9:37
30.	357	Robin Groothuis	m	Drenthe College		58:34	58:27	30:42	27:46				29:17	6.1	9:45
31.	373	Kaya Bos	m	Drenthe College		58:34	58:34	30:49	27:45				29:17	6.1	9:45

Plaats	Nr.	Naam	M/V	Plaats	Jaar	Brutotijd	Nettotijd	R1	R2	R3	R4	R5	gem. tijd	km/uur	min/km
Vrouw															
6 km															
1.	65	Annet Zwiep	v	Beilen	1978			43:42					43:55	0.0	0:00
2.	113	Els Lange de	v	Assen	1971	33:32	33:25	16:37	16:49				16:46	10.7	5:35
3.	31	Ilse Nijhuis	v	Assen	1969	34:10	34:04	16:52	17:12				17:05	10.5	5:41
4.	20	Jenneke Netjes	v	Assen	1960	36:03	35:53	18:11	17:42				18:02	9.9	6:00
5.	236	Luka Poppe	v	Drachten	2001	38:05	37:53	18:53	19:00				19:03	9.4	6:20
6.	376	Dionne Wassink	v	Drenthe College		38:16	38:06	19:10	18:57				19:08	9.4	6:22
7.	369	Gwen Siemons	v	Drenthe College		38:17	38:09	18:56	19:14				19:09	9.4	6:22
8.	387	Bernice Bosma	v	Drenthe College		38:16	38:11	19:13	18:58				19:08	9.4	6:22
9.	114	Janette Drenth	v	Bovensmilde	1964	38:16	38:16	19:18	18:58				19:08	9.4	6:22
10.	82	Geertje Philips	v	Assen	1958	38:36	38:27	19:09	19:18				19:18	9.3	6:25
11.	377	Danique Schenkel	v	Drenthe College		38:56	38:51	18:13	20:39				19:28	9.2	6:29
12.	394	Allyssa Zimmerman	v	Drenthe College		38:57	38:52	18:13	20:39				19:29	9.2	6:29
13.	30	Merel van Zommeren	v	Assen	2004	39:21	39:16	19:24	19:53				19:41	9.1	6:33
14.	88	Jose Dammer	v	Assen	1966	40:23	40:11	19:57	20:15				20:12	8.9	6:43
15.	32	Francisca Bosman	v	Assen	1965	40:52	40:42	19:59	20:43				20:26	8.8	6:48
16.	375	Zoe Kikkert	v	Drenthe College		42:08	42:01	20:02	22:00				21:04	8.5	7:01
17.	95	Anita Wassenburg	v	Assen	1967	43:28	43:18	19:12	24:07				21:44	8.2	7:14
18.	366	Hedwig Zomerma	v	Drenthe College		46:25	46:18	21:46	24:32				23:13	7.7	7:44
19.	363	Daphne Spronsen van	v	Drenthe College		47:52	47:47	20:41	27:07				23:56	7.5	7:58
20.	374	Yentl Kootstra	v	Drenthe College		52:25	52:16	25:33	26:43				26:13	6.8	8:44
21.	365	Carlijn Boer	v	Drenthe College		52:30	52:21	24:15	28:07				26:15	6.8	8:44
22.	393	Britt Raatjes	v	Drenthe College		52:30	52:22	24:14	28:08				26:15	6.8	8:44
23.	372	Aniek Ozenates	v	Drenthe College		57:47	57:41	28:11	29:31				28:54	6.2	9:37
24.	383	Tanja Cazemier	v	Drenthe College		57:48	57:42	28:43	29:00				28:54	6.2	9:37
25.	382	Asmara Kekem van	v	Drenthe College		58:10	58:04	30:44	27:20				29:05	6.1	9:41
26.	386	Eline Hofstee	v	Drenthe College		58:33	58:25	30:41	27:45				29:17	6.1	9:45
27.	364	Esmee Buwalda	v	Drenthe College		58:32	58:27	30:42	27:45				29:16	6.1	9:45
28.	370	Omaira Boers	v	Drenthe College		59:36	59:26	28:39	30:48				29:48	6.0	9:55
29.	379	Thirza Hazeveld	v	Drenthe College		59:35	59:27	28:40	30:47				29:48	6.0	9:55
30.	384	Kaltrina Morina	v	Drenthe College		59:35	59:28	28:41	30:47				29:48	6.0	9:55

Plaats	Nr.	Naam	M/V	Plaats	Jaar	Brutotijd	Nettotijd	R1	R2	R3	R4	R5	gem. tijd	km/uur	min/km
Man															
9 km															
1.	23	Ludy Timmer	m	Assen	1969	35:00	34:55	11:32	11:43	11:41			11:40	15.4	3:53
2.	36	Timo Verhagen	m	Assen	2001	37:26	37:22	11:54	12:53	12:35			12:29	14.4	4:09
3.	355	Melvin Wiering	m	Drenthe College		39:42	39:36	13:09	13:20	13:08			13:14	13.6	4:24
4.	203	Bas van Kant	m	Assen	1983	41:11	41:03	13:16	14:02	13:46			13:44	13.1	4:34
5.	66	Willem Koning	m	Assen	1973	41:13	41:06	13:23	13:50	13:53			13:45	13.1	4:34
6.	27	Folkert Tienkamp	m	Assen	1962	42:09	42:03	14:08	14:02	13:55			14:03	12.8	4:40
7.	395	Niek Wilhelm	m	Drenthe College		43:10	43:05	13:49	14:39	14:38			14:24	12.5	4:47
8.	358	Niels Kolthof	m	Drenthe College		45:46	45:42	14:38	16:05	15:00			15:16	11.7	5:05
9.	385	Sebastian Ottens	m	Drenthe College		47:16	47:09	15:12	16:17	15:41			15:46	11.4	5:15
10.	86	Tim Essed	m	Assen	2003	48:05	47:55	17:08	16:06	14:42			16:02	11.2	5:20
11.	350	Joshua Bruijnzeel	m	Drenthe College		50:45	50:34	15:30	17:33	17:32			16:55	10.6	5:38
12.	81	Kees de Vries	m	Hoogezand	1954	51:00	50:51	17:00	17:02	16:50			17:00	10.5	5:39
13.	159	Tom Robben	m	Eelde	1993	51:41	51:29	17:01	18:13	16:16			17:14	10.4	5:44
14.	211	J. Poppe	m	Drachten	1973	52:39	52:27	18:26	17:32	16:29			17:33	10.2	5:50
15.	5	Mats Veldsink	m	Dedemsvaart	1952	52:47	52:35	18:09	17:42	16:45			17:36	10.2	5:51
16.	71	Egbert Westra	m	Rolde	1939	56:03	55:51	18:44	18:30	18:37			18:41	9.6	6:13

Vrouw

9 km															
1.	87	Hanneke Verheul	v	Assen	1954	48:46	48:37	17:08	16:06	15:24			16:16	11.0	5:25
2.	60	Ronald Voerman	v	Groningen	1984	49:08	48:59	16:13	16:42	16:04			16:23	10.9	5:27
3.	1	Margreet Habes	v	Assen	1960	52:37	52:27	17:48	17:26	17:14			17:33	10.2	5:50
4.	8	Jos Betten	v	Assen	1967	59:11	59:00	19:54	19:53	19:14			19:44	9.1	6:34

Plaats	Nr.	Naam	M/V	Plaats	Jaar	Brutotijd	Nettotijd	R1	R2	R3	R4	R5	gem. tijd	km/uur	min/km
Man															
12 km															
1.	3	Peter Strijbosch	m	Assen	1975	50:48	50:27	12:26	12:32	12:43	12:48		12:42	14.1	4:13
2.	92	Peter Theuwissen	m	Assen	1961	57:25	57:25	14:30	14:21	14:20	14:15		14:22	12.5	4:47

Plaats	Nr.	Naam	M/V	Plaats	Jaar	Brutotijd	Nettotijd	R1	R2	R3	R4	R5	gem. tijd	km/uur	min/km
Man															
15 km															
1.	171	Rutger Leukfeldt	m	Assen	1982	1:07:03	1:06:58	13:17	13:12	13:20	13:59	13:12	13:25	13.4	4:28
2.	146	Marcel Kloet	m	Assen	1960	1:08:25	1:08:20	13:49	13:46	13:41	13:39	13:27	13:41	13.1	4:33
3.	189	Frits Kremer	m	Assen	1968	1:09:56	1:09:51	13:19	14:02	13:47	14:03	14:42	14:00	12.8	4:39
4.	48	Peter Boonstra	m	Assen	1974	1:20:31	1:20:19	15:46	15:24	15:54	16:34	16:43	16:07	11.1	5:22
5.	74	Jan Adema	m	Groningen	1949	1:24:33	1:24:33	17:06	17:02	16:51	17:24	16:13	16:55	10.6	5:38
6.	11	Leo Muusers	m	Assen	1961	1:29:11	1:29:05	34:05	17:30	17:31	17:40	02:21	17:51	10.0	5:56
7.	61	Albert Hazenberg	m	Ten Boer	1955	1:32:10	1:31:59	18:42	19:16	17:46	18:05	18:12	18:26	9.7	6:08
Vrouw															
15 km															
1.	37	Sanne Scheltes	v	Assen	1994	1:21:22	1:21:10	15:28	16:00	15:51	16:28	17:24	16:17	11.0	5:25
2.	125	Cora Wal van der	v	Gieten	1964	1:25:14	1:25:05	18:36	17:53	16:37	16:22	15:38	17:03	10.5	5:40

Aantal gefinished: 102