

Run2Day Trimloop 8 februari 2020

Plaats	Nr.	Naam	M/V	Plaats	Jaar	Bruto	Netto	R1	R2	R3	R4	R5	gem. tijd	km/uur	min/km
0															
1.	114	Janette Drenth	v	Bovensmilde	1964									0.0	0:00
1															
3 km															
1.	86	Tim Essed	m	Assen	2003	11:43	11:43	11:43					11:43	15.1	3:58
2.	22	Michelle Timmer	v	Assen	2007	12:56	12:56	12:56					12:56	13.6	4:22
3.	67	Joel Koning	m	Assen	2007	14:03	14:03	14:03					14:03	12.5	4:45
4.	87	Hanneke Verheul	v	Assen	1954	14:12	14:12	14:12					14:12	12.4	4:48
5.	70	Jens Everts	m	Assen	2008	15:03	15:01	15:01					15:03	11.7	5:05
6.	393	Stan Everts	m	Assen	2011	15:28	15:25	15:25					15:28	11.4	5:14
7.	379	Mark	m		2001	15:59	15:54	15:54					15:59	11.0	5:24
8.	367	Fabian Goosen	m	Leeuwarden	1999	16:00	15:55	15:55					16:00	11.0	5:25
9.	54	Ruben Wortelboer	m	Assen	2009	16:06	16:06	16:06					16:06	11.0	5:27
10.	19	Norah Huisjes	v	Assen	2009	20:00	20:00	20:00					20:00	8.8	6:46
11.	35	Debbie Campschreur	v	Smilde	1973	21:20	21:15	21:15					21:20	8.2	7:13
12.	17	Vera Huisjes	v	Assen	2006	21:23	21:23	21:23					21:23	8.2	7:14
2															
6 km															
1.	36	Timo Verhagen	m	Assen	2001	24:43	24:43	11:39	13:05				12:22	14.3	4:11
2.	83	Bert Gierveld	m	Assen	1957	30:48	30:43	15:24	15:19				15:24	11.4	5:13
3.	383	Daniel Engberts	m	Ede	1992	31:00	31:00	15:18	15:42				15:30	11.4	5:15
4.	53	Arie Engberts	m	Assen	1951	31:23	31:23	15:28	15:55				15:42	11.2	5:19
5.	11	Mans Veldsink	m	Assen	1961	32:21	32:19	16:16	16:04				16:11	10.9	5:28
6.	352	Piet Kerstholt	m	Groningen	1947	35:10	35:03	17:32	17:32				17:35	10.0	5:57
7.	82	Geertje Philips	v	Assen	1958	37:30	37:30	18:52	18:38				18:45	9.4	6:21
8.	21	Inge Mekkes	v	Assen	1972	38:31	38:29	18:50	19:39				19:16	9.1	6:31
9.	385	Janette Drenth	v	Bovensmilde	1964	38:45	38:40	19:26	19:14				19:23	9.1	6:34
10.	32	Francisca Bosman	v	Assen	1965	40:00	39:59	19:31	20:29				20:00	8.8	6:46
11.	29	Harry Lunshof	m	Assen	1949	40:53	40:50	20:24	20:27				20:27	8.6	6:55
12.	354	Gerrit Schuitema	m	Emmen	1947	41:44	41:43	20:40	21:04				20:52	8.4	7:04
13.	360	Ginie de Vries	v	Emmen	1973	43:09	43:05	21:18	21:47				21:35	8.2	7:18
14.	382	Martijn de Vries	m	Eelde	1992	43:10	43:05	21:18	21:48				21:35	8.2	7:18

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15.	13	Jannie Betsema	v	Assen	1953	43:10	43:07	21:29	21:38				21:35	8.2	7:18
16.	12	Sietske Geuzinge	v	Assen	1948	43:11	43:08	21:30	21:39				21:36	8.1	7:19
17.	95	Anita Wassenburg	v	Assen	1967	45:06	45:01	21:29	23:32				22:33	7.8	7:38
18.	222	Joke Sibma	v	Assen	1965	45:06	45:01	21:29	23:33				22:33	7.8	7:38

3

9 km

1.	23	Ludy Timmer	m	Assen	1969	34:04	34:04	11:12	11:27	11:27			11:22	15.5	3:50
2.	391	Martijn Siekman	m	Assen	1978	46:08	46:00	16:08	16:02	13:51			15:23	11.5	5:12
3.	77	Wineke Holtrop	v	Emmen	1991	47:14	47:14	16:13	16:05	14:56			15:45	11.2	5:20
4.	384	E. Vredevoort	m	Assen	1965	48:26	48:18	16:08	16:03	16:09			16:09	10.9	5:28
5.	221	Bertus Niezing	m	Blokzijl	1951	50:01	49:59	15:49	16:16	17:55			16:41	10.6	5:39
6.	20	Jenneke Netjes	v	Assen	1960	54:01	53:56	17:51	17:55	18:11			18:01	9.8	6:06
7.	65	Annet Zwiep	v	Beilen	1978	54:09	54:09	17:31	18:20	18:19			18:03	9.8	6:07
8.	71	Egbert Westra	m	Rolde	1939	54:44	54:44	18:01	18:08	18:36			18:15	9.7	6:11
9.	1	Margreet Habes	v	Assen	1960	57:19	57:17	18:50	19:39	18:49			19:07	9.2	6:28
10.	33	Henk Korterink	m	Assen	1967	57:58	57:52	19:26	19:13	19:14			19:20	9.1	6:32
11.	18	Ingrid Molensky	v	Assen	1948	58:22	58:22	19:31	19:20	19:31			19:28	9.0	6:35
12.	219	Janny Eissen	v	Blokzijl	1955	1:00:43	1:00:41	18:50	19:39	22:13			20:15	8.7	6:51
13.	62	Rob van den Brink	m	Assen	1977	1:03:22	1:03:22	20:54	21:16	21:12			21:08	8.3	7:09

4

12 km

1.	361	Freek Koolsema	m	Assen	1987	45:32	45:32	11:11	11:27	11:17	11:39		11:23	15.5	3:51
2.	351	Gerrit Duits	m	Groningen	1980	58:26	58:26	14:36	14:36	14:39	14:36		14:37	12.1	4:57
3.	374	Edwin Blaauw	m	Assen	1966	1:00:16	1:00:16	14:29	14:50	15:21	15:37		15:04	11.7	5:06
4.	220	Wicher Scholten	m	Tuk	1960	1:02:49	1:02:48	15:49	15:47	15:33	15:41		15:43	11.2	5:19
5.	8	Robert Blomsma	m	Assen	1967	1:04:08	1:04:08	15:34	15:47	16:14	16:34		16:02	11.0	5:26
6.	6	Harry van der Giezen	m	Assen	1969	1:08:23	1:08:15	15:50	16:35	17:18	18:33		17:06	10.3	5:47
7.	4	Freddie Kalsbeek	m	Assen	1959	1:08:24	1:08:19	17:29	16:51	16:45	17:15		17:06	10.3	5:47
8.	2	Ginus Geuzinge	m	Assen	1948	1:08:24	1:08:24	17:34	16:52	16:45	17:15		17:06	10.3	5:47
9.	7	Jacob Willemsma	m	Assen	1953	1:10:56	1:10:50	16:38	17:09	17:57	19:07		17:44	9.9	6:00

5

15 km

1.	358	Habe de Jong	m	Groningen	1971	1:03:51	1:03:51	12:41	12:37	12:54	13:00	12:40	12:47	13.8	4:19
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Plaats	Nr.	Naam	M/V	Plaats	Jaar	Bruto	Netto	R1	R2	R3	R4	R5	gem. tijd	km/uur	min/km
2.	363	Leo Olk	m		1981	1:06:13	1:06:13	14:16	13:51	13:19	12:45	12:04	13:15	13.3	4:29
3.	353	Wim Bart Knol	m	Engelbert	1963	1:07:11	1:07:11	12:34	13:08	13:41	13:39	14:11	13:27	13.1	4:33
4.	355	Henriette Pepels	v	Beilen	1968	1:07:24	1:07:24	13:28	13:33	13:26	13:28	13:30	13:29	13.1	4:34
5.	356	Anno Brandsema	m	Beilen	1955	1:11:50	1:11:50	14:24	14:36	14:34	14:25	13:53	14:22	12.3	4:52
6.	375	Niels Schuling	m	Assen	1988	1:12:13	1:12:13	14:14	14:41	14:28	14:37	14:15	14:27	12.2	4:53
7.	359	Gerrit Jan Rave	m	Assen	1964	1:13:34	1:13:30	15:48	15:22	14:29	14:24	13:30	14:43	12.0	4:59
8.	125	Cora van der Wal	v	Gieten	1964	1:17:16	1:17:13	16:27	15:09	15:07	15:08	15:24	15:28	11.4	5:14
9.	66	Willem Koning	m	Assen	1973	1:17:52	1:17:46	14:55	15:50	16:34	15:18	15:11	15:35	11.3	5:16
10.	48	Peter Boonstra	m	Assen	1974	1:18:49	1:18:49	15:49	15:33	15:54	16:16	15:20	15:46	11.2	5:20
11.	38	Trea Dekker	v	Smilde	1965	1:18:55	1:18:51	15:52	15:49	15:59	15:47	15:25	15:47	11.2	5:20
12.	37	Sanne Scheltes	v	Assen	1994	1:18:56	1:18:56	15:56	15:49	15:59	15:47	15:27	15:48	11.2	5:21
13.	74	Jan Adema	m	Groningen	1949	1:22:29	1:22:27	16:07	16:06	16:41	16:52	16:43	16:30	10.7	5:35
14.	76	Hans Bakker	m	Assen	1965	1:22:32	1:22:27	16:26	16:32	16:39	16:49	16:03	16:31	10.7	5:35
15.	61	Albert Hazenberg	m	Ten Boer	1955	1:29:15	1:29:12	19:31	17:09	17:18	17:33	17:44	17:51	9.9	6:03
16.	350	Egbert Geertsma	m	Groningen	1962	1:31:09	1:31:02	18:45	18:58	17:43	18:09	17:29	18:14	9.7	6:10
17.	380	Sjoerd Frenay	m	Groningen	1989	1:33:59	1:33:56	19:29	19:12	19:15	18:26	17:37	18:48	9.4	6:22

Aantal gefinished: 70